



Center for Creative and Performing Arts

Class Descriptions

SPARK offers a solid, well-rounded portfolio of dance instruction for a wide range of ages and abilities. For specific class offerings and availability please see our current schedule (available on our website, www.sparkdance.net). This list shows our class types with some descriptions to give you an idea what to expect. Of course, feel free to call or email us if you need more information or help deciding which class is right for you.

Modern: Classes in modern dance offer different levels using different dynamics. Technique is developed using Graham, Humphrey, release, and Horton technique.

Lyrical:

This class is a combination of ballet and jazz with the use of emotion.

Jr. Tap:

This class develops and uses basic tap steps.

Tap I:

This class develops basic skills and uses basic tap steps and combinations.

Tap II:

This class is at an intermediate level. Wings and pullback and time steps are prerequisites.

Jr. Hip-hop:

This class develops basic jazz and hip-hop technique such as isolations and rhythm combinations using sharp movements.

Jazz Hip-hop I and II:

This class develops basic jazz and hip-hop technique such as isolations and turns, jumps, leaps. Flexibility is developed.

Jazz Hip-hop III:

This class is at an intermediate level of jazz and hip-hop technique. A double pirouette and a forward split are prerequisites. This class moves faster with more detailed rhythm combinations.

Performing Class:

This is an invitation-only class. This class works with a professional dancer/choreographer from New York City. A dance is set on these dancers which is then perfected throughout the year. This class goes to at least 2 competitions throughout the SPARK year. Additional fees are added with this class.

Broadway Production:

This class learns how to develop their singing voices with a professional voice instructor. They also learn choreography to a medley of Broadway songs. In the performances they sing and dance with body microphones.

Jr. Broadway:

This class goes over basic jazz and musical theater steps and technique. They perform to a medley of Broadway songs that the Broadway production students sing.

Creative Dance:

This class explores basic stretches and ballet terms. The dancer uses props to explore new ways of moving and help with coordination. An informal performance is held on the last day of class.

Ballet Ages 5-7

Children are introduced to the concepts of basic movement and music for ballet. The students begin learning basic classroom etiquette as well as a barre and center work. The students develop a special awareness of body alignment and gain strength and coordination. Ballet vocabulary and theory are introduced.

Ballet I Ages 8-10

Students gain knowledge in technical vocabulary as well as progression of barre, center, and stretching exercises. Proper body alignment is stressed, and use of the head and arms is introduced. Emphasis is placed on strengthening the muscles of the legs and feet.

Ballet II Ages 11-17 (pre-pointe)

Students will further develop and strengthen legs, and also build speed for petite and grande allegro. Combining and refining of steps is emphasized, as well as alignment and flexibility. Pre-pointe exercises are introduced to prepare students for pointe work.

Ballet Technique (Non-performing)

Further development of barre and center exercises, strength and alignment. Emphasis is on building speed in petite allegro and grande allegro, control in adagio, and elevation in larger turns and jumps.

Pilates/Yoga/Conditioning:

This class is for all ages and levels. This class strengthens your core and creates long lean muscles. Variations are given for each exercise depending on what level you are.

Experiences of an American Girl:

Description pending